

# Elite Breathlessness Education Event

The Manchester Institute of Health & Performance invites you to our  
Elite Breathlessness Educational Evening with:

**Dr John Rogers** (Consultant in Sports & Exercise Medicine)

**Dr Aashish Vyas** (Consultant Respiratory Physician)

**Jemma Haines** (Consultant Respiratory Speech & language Therapist)

The lecture includes: Experience of exercise induced breathlessness in sports & exercise medicine, diagnostics of exercise induced breathlessness in the elite athlete and optimising elite athletes outcomes in exercise induced breathlessness.

**When:** 17th November 2016

**Location:** MIHP, 299 Alan Turing Way, Manchester M11 3BS

**Time:** 6:30 pm—Registration & Welcome Reception for 7:00 pm start

All delegates will receive a certificate of attendance.



To book a place at this event or for more information,  
please contact our GP Liaison Officer Jane Nicholson  
Email: [jane.nicholson@hcahealthcare.co.uk](mailto:jane.nicholson@hcahealthcare.co.uk)  
Telephone: 07825 426 928

## How To Find Us

### BY CAR/TAXI/COACH

#### Satnav postcode M11 2AZ

Where approaching from M60 (J24), Exit roundabout onto Manchester Road/A57, continue for 1.3 miles then turn right onto Chapman St. at the roundabout, continue straight onto Cornwall St. Turn left onto Ashton Old Rd/A635. Turn right onto Alan Turing Way/A6010. At the lights turn right onto Wilson street. The entrance to the car park is on the left.

Where approaching from the A57(M), head north east and continue on the Mancunian Way/A635. Use the right lane to turn right onto Fairfield St/A635. Continue straight to stay on Fairfield St/A635 for 0.9miles. Turn left onto Alan Turing Way/A6010. At the traffic light, turn right onto Wilson Street. The entrance to health car park is on the second left.

### HOW TO FIND OUR CAR PARK

Approach the site entrance along Wilson Street, (M11 2AZ). Take first left following signs for the health Car Park. Please drive up to the gate slowly and the they will automatically open. Once you are parked, please make your way out of the carpark towards the front of the building. You will go through an automatic gate. Please then follow the path to the left which will take you to the health entrance.

### BY TRAIN

Travel to Manchester Piccadilly station, then take the tram Route G to Velopark, in the direction of Ashton-under-Lyne.

### BY BUS

The following bus routes serve The Manchester Institute of Health & Performance: 53, 216, 219, 231. The nearest bus stop is located on Alan Turing Way.

### BY TRAM

The nearest stop is Velopark and is approximately a 12 minutes' journey from Manchester Piccadilly. The Velopark platform is accessible via ramps. We are located approximately 5 minutes walk from this tram stop. Upon exiting the tram head west on Ashton way towards Alan Turing Way. Turn left onto Alan Turing Way. Continue on Alan Turing way for

